

# **- Narrative Therapy Training - 2009, Wollongong**

## **“Addressing Trauma and Mental Illness”**

There are important links between the impact of trauma and mental illness which effect people's lives. When mental illness is diagnosed counsellors often struggle to address under-lying or long-standing trauma.

This series of workshops will assist workers to address the impact on client's lives of trauma and mental illness using approaches drawn from narrative therapy.

The training programme consists of four, single, monthly training days, spaced to give participants the opportunity to practice the techniques and ideas in between sessions. The four training days are complemented with a day's reflection and supervision to consolidate the overall course. The 5 days make up a complete package and is equivalent to a practice intensive.

### **Course Structure**

18<sup>th</sup> May, 2009 – Dealing with trauma and mental illness and applying a narrative perspective Part 1.

15<sup>th</sup> June, 2009 – Dealing with trauma and mental illness and applying a narrative perspective Part 2.

27<sup>th</sup> July, 2009 – Evolving practice skills and the use of outsider witnesses to sustain positive developments Part 1.

24<sup>th</sup> August, 2009 - Evolving practice skills and the use of outsider witnesses to sustain positive developments Part 2.

September/October (date to be advised)- Follow-up Reflection, Consultation and Consolidation day.

- Each day will run from 9.30 am - 4.00 pm, with homework tasks given for the first four days-**
- Morning and Afternoon Teas Provided-**
- Venue - Wollongong Area - to be advised**

## **Trainers: Marilyn O'Neill & Sue Partridge**

**Marilyn O'Neill** – is a private practitioner, trainer and consultant and has worked in the area of Narrative Therapy for many years. Marilyn has conducted many trainings and is a member of the International Advisory Group for the International Journal of Narrative Therapy and Community Work.\_

**Sue Partridge** – is a private practitioner, based in Wollongong. Sue is an accredited Social Worker and Mental Health Worker and uses an eclectic approach to therapy informed by Narrative Ideas, Strengths Based Perspective, Sandplay & Symbol Work. She has also worked as a lecturer and tutor until recently in Social Work at several universities.

**Further information or inquiries please phone:**

**Marilyn on 02 8920 0920 or  
Sue on 4227 6687 or 0408111601**

**-Auspiced by New Options, 113 Church Street, Wollongong, 2500-**

## **Registration Details**

**Early Bird Fee of \$550.00 if paid by 1<sup>st</sup> April, 2009.**

**\$660.00 paid between 1<sup>st</sup> and 24<sup>th</sup> April, 2009.**

**-Payment required in advance – no later than 21/4/09-**

**Cheques Payable to:** Sue Partridge, or

**Direct Debit Details:** BSB 732-695 Account No. 64-9546

**Cancellations:** We reserve the right to retain the following cancellation fees if participants cancel - 10% with less than 1 month's notice, 50% with less than a week's notice and 100% with less than 48 hours notice.

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### **“Addressing Trauma and Mental Illness”**

**Please complete the following and return with payment to:**

Sue Partridge, PO Box 618 Wollongong, 2500 with your cheque or email if using direct debit [workingsocially@yahoo.com.au](mailto:workingsocially@yahoo.com.au)

Name:.....

Agency:.....

Address:.....

.....

Phone - Work:.....Mobile:.....

Payment: Cheque enclosed  or Direct Debit

Early Bird Paid Before 1/4/09 \$550.00

Paid After 1/4/09 \$660.00